How to Make a Pull Bead Rosary, St. Therese of Lisieux (the Little Flower) style supplies: 53 circular pony beads (Hail Marys) +6 heart beads (Our Fathers) +1 crucifx + Miraculous Medal (optional) + twine $=1$ Rosary
Burn the ends of the twine to reduce fraying and make it easier to bead. For bead type and twine size/length recommendations reference supply chart. String your rosary in the order as shown below, with twine going through the crucifix \& beads in the direction of the arrows:

string crucifix, with twine equal length on both sides, make the $1^{\text {st }}$ knot to secure the crucifix at center. Follow with a heart, 3 circles and another heart


Our Father, $\qquad$ faith hope charity Hail Marys Glory Be \& Fatima Prayer
The sign of the cross \& creed, $\qquad$ are prayed on these.
$1^{\text {st }}$ decade -10 beads strung this way (twine in opposing directions) $2^{\text {nd }}$ decade -10 beads strung this way (twine in opposing directions) $3^{\text {rd }}$ decade - 10 beads strung this way (twine in opposing directions) $4^{\text {th }}$ decade -10 beads strung this way (twine in opposing directions) $5^{\text {th }}$ decade -10 beads strung this way-NO heart follows, beading is completed

then a heart (both twine go the same direction).
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The Mystery, an Our Father, followed by 10 Hail Marys, a Glory Be and Fatima Prayer make up a decade. Each decade is prayed while contemplating one of the corresponding mysteries (1-5). These are either: Joyful, Luminous, Sorrowful, or Glorious

You now have a long string of beads. Straighten and tighten all the beads. Leave at least 1.5 inches of tie space after $2^{\text {nd }}$ heart strung and a small enough space around the other hearts that they don't turn cockeyed. See the back of this sheet for a picture of the finished rosary.

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$1^{\text {st }}$ barrel knot is made to secure the crucifix, then begin the beading.

Beads are strung in one long strand and include the 5 decades...
the second barrel knot is made after all the beads have been strung. The knot creates a circle of decades thus finishing up the rosary.

Instructions on how to tie a barrel knot:
http://www.101knots.com/barrel-knot.html

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